



MAY 2024

SUNDAY, MAY 12 - CALL MOM

Stavely FCSS Lunch & Learn Presents

Be Smart Before You Fall!

- ? Are you a senior with mobility or health issues?
- ? Are you living alone, worried about what happens if you have an accident?
- ? Is your family concerned about you not being able to get emergency help when you need it?



If you can answer "yes" to any of the above, this session would be well worth your time to attend!

Join the staff from Tom Harris Cellular for a clear and simple presentation on how today's electronic medic alert and smart devices can help you in an emergency.

THURS. MAY 16 @ 11:30 AM

Stavely Golden Age Centre - 5026 - 50 Ave.

★ ★ TO REGISTER CALL 403-489-1661 ★ ★
or EMAIL to fcss@stavely.ca

Presented by

Tom Harris
Cellular • TV • Internet

TELUS
Authorized Dealer

**Claresholm
Food Bank**



Feeding the Hungry ♥ Nourishing Hope

Address: 4122 - 3 Street
Claresholm, AB
Open: Wed. 9am - 12 pm
Phone: 403-625-2092

BINGO Continues ...

Every Wednesdays until May 29 (last day)

Stavely Golden Age Centre

Email: fcss@stavely.ca if you want to join via zoom



SUMMER FUN - Volunteers Needed

Are you interested in working with children?
FCSS is looking for adults & older students to help with our upcoming summer activities. If you are interested in helping, please contact the FCSS office at 403-486-1661 or email: fcss@stavely.ca

Town of Claresholm & The Claresholm Social Centre
GARDEN INFO SERIES
SPEAKERS, SEED EXCHANGE & MORE
\$3.00 DROP IN

May 6, 2024 6 - 8:30pm Claresholm Social Center
May 13, 2024 6 - 8:30pm Claresholm Social Center

SPEAKERS

May 6, Steven Redman, Agricultural Consultant
Building Raised Garden Beds - Hugelkultur Technique
Water management successful vegetable production, and more

May 6 & 13, Oldman Water Shed Council, (OWSC)
Drought Tolerant Garden Practices
Pollinator Presentation

May 13, Karen Saville, Local Horticulturist
Benefits of mulch
Soil PH, and more

INFO & MORE

Annual Seed Exchange
Kids Plant a Seed, Take it Home
Water Conservation Tips
Resources from speakers

rec@claresholm.ca
claresholmsocialcentre@gmail.com

Claresholm



CALLING ALL PARENTS

Are You Interested In
Before & After School Care For Your Child?
Please contact the FCSS office for Information
Phone: 403-489-1661 Email: fcss@stavely.ca



STAVELY FCSS OFFICE located at the Stavely Youth Hall
Phone: 403-489-1661 Email: fcss@stavely.ca
FCSS Director - Angela Crone